

So I Need to Lose 15 Pounds, 2009, 173 pages, Shiho Torii, 0978508432, 9780978508432, One Peace Books, Incorporated, 2009

Who hasn't worried about their weight at one time or another? Part journal, part self-help book, So I Need to Lose 15 Pounds presents an amusing new way to look at dieting in the humorous style of Japanese manga. From popular diets like macrobiotics to way-out-there diets that use experimental NASA equipment and hypnosis, twenty-seven diets total are put to the test. Readers can find motivation to lose weight and helpful information on which diets give the best results, while laughing all the way. Written in the manga format from the country that does it best, this is the how-to comic based on one young author's struggle with her weight.

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Гґґґґґ, -ж-Гґжґ-зґмґжґёе...Гґй-ґ иґ±иґґґз%ооё, зґиґґґжґJ®з« еґёйґґґ, 1988, Business & Economics, 313 pages. Cartoons tell the story of a group of individuals who work for the Mitsutomo Trading Company and encounter trade friction with the U.S..

Code Geass: Nightmare of Nunnally, Volume 3 Nightmare of Nunnally, Tomomasa Takuma, Ichirou Ohkouchi, GorEK Taniguchi, 2009, Comics & Graphic Novels, 164 pages. When her brother Lelouch disappears after a terrorist attack, the disabled Britannian princess Nunnally, due to her grief and anger, receives the power of geass, which allows.

50 Ways to Lose Ten Pounds , Joan Horbiak, Jan 1, 1995, Weight loss, 128 pages. .

Lose Up to 15 Pounds in 3 Weeks Pocket Guide , Alex A. Lluch, Dec 25, 2012, Health & Fitness, 235 pages. This easy-to-read book helps the reader understand the most effective ways to lose weight and keep it off. It also includes a fat-burning, calorie-blasting workout program.

Hagakure The Book of the Samurai, Yamamoto Tsunetomo, 2002, Sports & Recreation, 179 pages. This treatise comprises the authentic relections of a 17th-century Samurai warrior on the character of martial life and death. It aims to be an invaluable guide to the.

Inuyasha, Volume 7 , Rumiko Takahashi, Dec 24, 2003, Comics & Graphic Novels, 192 pages. "For the purposes of publication in English, the artwork in this publication is printed in reverse from the original Japanese version."--P. facing t.p..

Ningen Shikkaku , еґёе®°жI», 1958, Fiction, 177 pages. A young man describes his torment as he struggles to reconcile the diverse influences of Western culture and the traditions of his own Japanese heritage.

15-Minute Low-Carb Recipes Instant Recipes for Dinners, Desserts, and More, Dana Carpender, 2003, Cooking, 260 pages. A new book by the author of 500 Low-Carb Recipes introduces readers to the joys of low-carb, high-taste eating with more than two hundred recipes for everything from Chicken.

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